



## **Dr. PALLAVI R. CHAUHAN**

**Assistant Professor**

**Psychology Department**

**Shree R. R. Lalan College, Bhuj**

### **EDUCATIONAL QUALIFICATION**

No.	Standard	Board / University	Percentage	Year of Passing
1	S.S.C.	G.S.E.B.	72%	1992
2	H.S.C.	G.S.H.E.B.	68%	1994
3	B.A. ( Psychology)	Saurashtra University	60%	1997
4	M.A. ( Psychology)	Saurashtra University	60%	1999
5	M.Phil. ( Psychology)	Saurashtra University	64%	2000
6	Ph.D. ( Psychology)	Saurashtra University	-	2007
7	Post-Doctoral Fellow	Indian Council Of Social Science Research (ICSSR)	-	2013
8	CCC	DOEACC Society, Dep. Of IT, Gov. of India	A	JAN-2011
9	Society for Creation of Opportunity through Proficiency in English (SCOPE)	University of Cambridge	A1	FEB-2011

## **Ph.D. Thesis Subject**

*SOCIAL AND FAMILY STRESS OCCUPATIONAL STRESS PERSONALITY AND PSYCHOLOGICAL WELL BEING A STUDY OF POLICE PERSONNEL*

## **Post. Doctoral Fellow Thesis Subject**

*A COMPERATIVE STUDY BETWEEN NORMAL AND DISABLED GRADUATE STUDENTS ON EMOTIONAL INTELLIGENCE AND BIG FIVE PERSONALITY FACTORS.*

## **SELECTED ACHIEVEMENT**

### **➤ Teaching & Research Experience**

- Total Teaching Experience 11 years.  
From 2011 to 2014 Idar arts & Commerce College, Gujarat.  
From 2014 to till now Shree R. R. Lalan College, Bhuj.
- Total Research Experience 13 years.  
From 2009 to 2012 Post-Doctoral.  
From 2014 to till now Research Guide.

### **➤ As a PhD Research Guide:**

- Four Students from North Gujarat University completed their PhD.

### **➤ Coordinator:**

- Worked as a Coordinator for Seven Days Udisha Program at Shree R. R. Lalan College, Bhuj, 2016.

### **➤ As A PhD Scholar Referee**

- Working as a PhD Scholar Referee at Saurashtra University, Rajkot.

### **➤ Member of Interview Panel in Army Public School, Bhuj**

- Appointed as a Member in Interview Panel in Army Public School, Bhuj.

## **PhD Students Detail:**

<b>Sr</b>	<b>Detail of Student</b>	<b>Title of Thesis</b>
1	<b>Rathawa Mukesh C.</b> Registration Number: 2331 North Gujarat University Status: Completed	Work Value, Burnout and Psychological wellbeing: A Comparative Study of Government and Non- Government secondary School Teacher.
2	<b>Limbasiya Ankitaben Durlabhai</b> Registration Number: 2308 North Gujarat University Status: Completed	Mental Health, Achievement Motivation and Emotional Maturity Among Allopathic, Homeopathic and Ayurvedic Students.
3	<b>Upadhyay Jyotikumari Parmanand</b> Registration Number: 2333 North Gujarat University Status: Completed	Family Environment, life satisfaction and Psychological well- being of Patients Suffering from Cancer, Coronary Heart Disease and Aids.
4	<b>Parmar Pradhumansingh Bhavansinh</b> Registration Number: 2332 North Gujarat University Status: Completed	Creativity, Personality and Intelligence Quotient of Students with Regard to Gender, Area and Grade
5	<b>Parmar Niti P</b> Registration Number: 2597 North Gujarat University Status: Viva Remaining	Stress, Social Adjustment and Philological Well- Being of Parents of Mentally Challenged, and Blind and Hearing Impaired Children.

## **Published Books:**

- *A COMPARATIVE STUDY BETWEEN PRO AND ANTI ATTITUDE MANAGEMENT EMPLOYEES WITH REFERENCE THEIR OCCUPATIONAL STRESS, LIFE SATISFACTION AND LOCUS OF CONTROL.*  
**ISBN NO: 978-93-82761-09-9**
- *A COMPERATIVE STUDY BETWEEN NORMAL AND DISABLED GRADUATE STUDENTS ON EMOTIONAL INTELLIGENCE AND BIG FIVE PERSONALITY FACTORS.*  
**ISBN NO: 93-82761-01-3**
- *OCCUPATIONAL STRESS WITH REFERENCE TO JOB INVOLVMENT OF POLICE PERSONNEL*  
**ISBN NO: 978-93-82761-05-1**
- *RESEARCH SARITA* **ISBN NO: 82761-06-8**
- *UGC NET/ SLAT* **ISBN NO: 82731-01-8**

## Workshop / Seminar/Conference:

- 16<sup>TH</sup> ANNUAL CONFERENCE 16 & 17 JAN 2000 Organized by DEPARTMENT OF PSYCHOLOGY S.P. UNIVERSITY VALLABH-VIDYANAGAR.
- SAURASHTRA PSYCHOLOGY ASSOCIATION 1<sup>ST</sup> ANNUAL CONFERENCE. APRIL 2000
- 5<sup>TH</sup> NATIONAL CONFERENCE OF PRAACHI PSYCHO-CULTURAL RESEARCH ASSOCIATION Organized by IDAR ANJANA PATIDAR H.K.M ARTS AND P. N. PATEL COMMERCE COLLEGE IDAR. NOV 2001
- 18<sup>TH</sup> ANNUAL CONFERENCE Organized by GUJARAT PSYCHOLOGY ASSOCIATION. JAN 2002.
- U.G.C Sponsored STATE LEVEL SEMINAR ON MENTAL HYGENE AND PHYCHO-SOMATIC DISORDER Organized by Department of Psychology Saurashtra University. MARCH 2002.
- UGC SPONSORED NATIONAL CONFERENCE on EMERGING TRENDS IN COMMERCE & ECONOMIC AND STRESS MANAGEMENT JUNAGADH SEP 2002.
- NATIONAL CONFERENCE ON STRESS AND HEALTH Organized by DEPARTMENT OF PSYCHOLOGY, SAURASHTRA UNIVERSITY, RAJKOT. FEB 2005.
- 7<sup>TH</sup> STATE LEVEL WORKSHOP ON RESEARCH METHODOLOGY Organized by S.P.A. - SEP- 2008.
- NATIONAL CONFERENCE ON A GLOBLE NEED: STRESS MANAGEMENT STRATEGIES Organized by Smt. R.R. Mahila Arts & Commerce College, RAJKOT. JAN: 2011.
- NATIONAL CONFERENCE ON MARITAL BEHAVIOUR Jointly Organized by SAURASHTRA PSYCHOLOGY ASOCIATION & INDIAN ASSOCIATION OF HUMAN BEHAVIOUR PUNE. FEB 2011.
- UGC SPONSORED NATIONAL CONFERENCE ON STRESS MANAGEMENT Organized by SMT.K.S.N. KANSAGARA MAHILA COLLEGE. MARCH 2011.

- UGC SPONSERED NATIONAL WORKSHOP on COMMUNICATION OF RESEARCH IN PSYCHOLOGY & EDUCATION work shop UGC SPONSORED NATIONAL LEVEL WORKSHOP Organized by Dep. Of Psychology, KADI – MARCH-2012.
- UGC SPONSORED NATIONAL LEVEL SEMINAR, *WOMEN PSYCHOLOGY: PAST, PRESENT AND FUTURE* Organized by Dep. Of Psychology, JETPUR & Dep. Of Psychology. SAURASTRA UNIVERSITY, RAJKOT – FEB -2013.
- 49<sup>th</sup> NATIONAL and 18<sup>th</sup> INTERNATIONAL CONFERENCE OF THE INDIAN ACADEMY OF APPLIED PSYCHOLOGY Organized by GLS College, AHMADABAD. MARCH 2014
- UGC SPONSORED NATIONAL LEVEL SEMINAR, *ADJUSTMENT AS AN IMPROVEMENT OF QUALITY OF LIFE* organized by Department of Psychology & Sociology of Smt. A. S. Chaudhary Mahila Arts & Home Science College, MEHSANA. MARCH 2014
- NATIONAL CONFERENCE ON SUICIDAL TENDENCY: A SOCIAL PHENOMENON- MULTI PURPOSE APPROACH Organized by SAURASHTRA PSYCHOLOGY ASSOCIATION. JAN 2015.
- INTERNATIONAL CONFERENCE ON HOLISTIC LIVING: AN INDIAN PERSPECTIVE Organized by Shree R.R. LALAN College, BHUJ. FEB: 2015
- NATIONAL SEMINAR ON WOMEN EMPOWERMENT: GLOBAL PERSPECTIVE Organized by KSKV Kachchh, University, Bhuj. MARCH 2015.
- NATIONAL SEMINAR ON “IMPACT OF MOTIVATION ON HIGHER EDUCATION” Organized by UGC: HRD Saurashtra University, Rajkot, June 2017.

- National Seminar on “Effective Teaching & Professional Development of Teachers” Organized by UGC: HRD Saurashtra University, Rajkot, June 2017.
- INTERNATIONAL CONFERENCE ON POSITIVE PSYCHOLOGY FOR HEALTH & WELL BEING Organized by Department of Applied Psychology, Guru Jambheshwar University of Science & Trchnology, Hisar (Haryana) March 2018.
- NATIONAL SEMINAR ON “New Education Policy” Organized by UGC: HRD Saurashtra University, Rajkot, June 2019.

## Research Paper

Sr. No.	Name of the Authors	Title	Title of the Journals	Years	Page No.
1	Dr. Pallavi Chauhan & ( Co-Author )	Impact of Locus of Control on Occupational stress : A study of workers of Morbi Clock Industry. <b>ISSN: 0019-6215</b>	Indian Psychological Review A.P.R.C.-Agra	Dec 2001	Vol.56/57 No.4,111-116
2	Dr. Pallavi Chauhan & ( Co-Author )	The Impact of sensation Seeking on Occupational Stress and Psychological Well-Being: A Study of Police Personnel <b>ISSN: 0974-2719</b>	Indian journal of Community Psychology	Sept 2009	Vol.5 Issue-II Pg. 151 157
3	Dr. Pallavi Chauhan & (Co-Author)	The Role of Personality as the moderator variable in the relationship between occupational stress and psychological well-being among police personnel <b>ISSN: 0537-2429</b>	The Indian Police Journal	Jan-Mar- 2010	Vol. L VII Pg. 56/59
4	Dr. Pallavi Chauhan	Life satisfaction with reference to occupational stress <b>ISSN: 2279-0241</b>	Knowledge Consortium of Gujarat	Jun-July 2012	Issue 1
5	Dr. Pallavi Chauhan & (Co-Author)	The Impact of menopausal status on body image among married women <b>ISSN: 0975-3486</b>	International Indexed & Referred Research Journal	July 2012	Vol.3 Issue 34
6	Dr. Pallavi Chauhan	The Impact of Emotional Stability of Visually Disabled Students in Relation to their Study Habits <b>ISSN: 0973-1628</b>	Research link-102	Sep 2012	Vol XI (7)
7	Dr. Pallavi Chauhan	Monthly Income and Educational Qualification with reference to Employees Occupational Stress <b>ISSN: 0973-1628</b>	Research link-103	Oct 2012	Vol XII(7)
8	Dr. Pallavi Chauhan	Perceived Family Environment: A Study in Relation to Economic status of Family <b>ISSN: 2250-2599</b>	International Research Result	Oct 2012	Issue 1
9	Dr. Pallavi Chauhan	Occupational Stress and Life Satisfaction <b>ISSN: 0974-2832</b>	Shodh Samiksha Aur Mulyankan	Dec 2012	Issue 47

10	Dr. Pallavi Chauhan	A Study of Sexual Satisfaction in Married Women <b>ISBN: 978-81-925236-0-6</b>	Women Psychology: Past, Present, and Future	Feb 2013	---
11	Dr. Pallavi Chauhan	Occupational Stress and Attitude towards Management with reference to employees work experience <b>ISSN: 2320-236X</b>	Acme International Journal of Multidisciplinary Research	May 2013	Vol 1 Issue V
12	Dr. Pallavi Chauhan	Depression Level of Mother Having Children with Disability <b>ISSN: 2279-0241</b>	Knowledge Consortium of Gujarat	March 2014	---
13	Dr. Pallavi Chauhan	Parent-Child Relationship and Academic Performance <b>ISSN: 2278-4594</b>	Recent Thought Vaichrik Pravaho	Feb 2015	
14	Dr. Pallavi Chauhan	Psychological Predictors of Emotional Intelligence among Tribal Area Adolescent student. <b>ISSN: 2455-0981</b>	Journal of Contemporary Psychological Research	March 2016	Vol 2 Issue 1 Page No 80
15	Dr. Pallavi Chauhan	Gender, Age, Educational Maturity in Relation to Job Satisfaction <b>ISSN: 2230-7540</b>	Ignited Mind	Jan 2017	XII Issue 2
16	Dr. Pallavi Chauhan	Stress And Adjustment: A Causal Study <b>ISSN: 2230-7540</b>	Ignited Mind	Jan 2018	XIV Issue 2
17	Dr. Pallavi Chauhan	Alcoholism Among Tribal: A Psycho Social Study <b>ISSN: 22307540</b>	Ignited Mind	Jan 2018	XIV Issue 2
18	Dr. Pallavi Chauhan	Mood and feeling Patterns of Normal and HIV/ AIDS Patients. <b>ISSN: 2456-5110</b>	PHONIX	Feb 2018	Issue 1 Page No 211-217

## Conference Papers

<b>No.</b>	<b>Title</b>	<b>Type of Conference</b>	<b>Year</b>	<b>Page No.</b>
1	A Study of Sex, Education & Locus of Control in context of Life satisfaction of employees of clock industries.	GPA	Jan. 2000	-
2	A Study of work experience in context of Occupational Stress and Attitude towards Management.	GPA	Dec. 2000	27
3	A Study of Attitude towards Management and Occupational Stress of employees.	SPA	Apr. 2000	-
4	The Impact of Locus of control on Occupational stress : A Study of workers of Morbi Clock Industries.	5 <sup>th</sup> National Conference	Nov. 2001	33
5	A Study of Values of effects on Locus of control of Students.	GPA	Jan. 2002	20
6	A Study of Relationship between Occupational Stress and Life Satisfaction.	Sau. Uni.	March 2002	-
7	A Study of Employee's Monthly income and Education qualification in context of Occupational Stress.	National Conference	Sept. 2002	17
8	A Study of Relationship between Stress and Effectiveness of Teachers.	National Conference	Feb. 2005	43
9	The Role of Personality as the moderator variable in the relationship between occupational stress and psychological well-being among police personnel.	National Conference on Community and Psychological Well-Being	Feb. 2009	17
10	A study of sexual satisfaction in married women.	UGC sponsored National Conference	Feb 2013	53

11	Psychological Predictors of Emotional Intelligence Among Tribal Area Adolescent Students	49 <sup>th</sup> National and 18 <sup>th</sup> International Conference of the Indian Academy of Applied Psychology	March 2014	---
12	Parent-Child Relationship and Academic Performance	International seminar at Shree R.R. Lalan College	Feb 2015	
13	A Study of Role Conflict of Women Medical Practitioners	National Conference organized by KSKV Kachchh University	March 2015	
14	A Study of Behavioral Problem among Adolescent in the Context of Parental Attitude	National Seminar Organized by Sau. Psy. Association	Jan 2015	
15	Life Skill Work Shop	State Level Conference by Udisha	March 2016	
16	Impact of Motivation on Higher Education	National Seminar Organized by RUSA	June 2017	
17	Effective Teaching & Professional Development of Teacher	National Seminar Organized by RUSA	June 2017	
18	National Education Policy	National Seminar Organized by RUSA	June 2019	
19	A Study of Behavioral Problems among Adolescents in the Context of Parental Attitudes	International Seminar Organized by Guru Jambhvwshwar University	March 2018	

## **OP /RC /Short Term Course/ FDP:**

- **Orientation Programme** dated 06 June to 03 July, 2016 HRDC, Saurashtra University, Rajkot, Gujarat.
- **Refresher Course Programme** dated 19 June to 09 July, 2017 HRDC , Saurashtra University, Rajkot, Gujarat.
- **Refresher Course Programme** dated 03 June to 15 July, 2019 HRDC , Saurashtra University, Rajkot, Gujarat.
- **Online workshop on Research Methodology** dated 7 May 2020 Organized by Pandit Deendayal Petroleum University, Gujarat.
- **Online workshop on Research Methodology** dated 4 May 2020 Organized by Pandit Deendayal Petroleum University, Gujarat.
- **Webinar on Kutch Tourism & Culture : Opportunity & Challenge** dated 18 May 2020 Organized by KSKV Kutch University.
- **National Webinar on Use of Computer in Research** dated 22 May 2020 Organized by Government college, Bayed.
- **Certificate course “COMPREHENSIVE ONLINE INTELLECTUAL PROPERTY RIGHT (IPR)** dated 06 July to 14 September 2020.
- **Short term Course** on “E- Content Development” dated 09 July to 15 July, 2020 Organized by HRDC Gujarat University.
- **E- Content Development Course** dated 28 July to 18 Aug 2020 Organized by KCG, Gujarat.
- **Refresher Course Programme** dated 24 August to 05 September, 2020 HRDC , Science & Technology of Yoga and Meditation, Doctor Haringh Gour Vishwavidya, Sagar . M. P.
- **FDP** on Mental Health & Higher Education dated on 01 Feb to 15 Feb 2021 Organized by KCG Gujarat.
- **Workshop** on Social Science dated 27 April to 09 May, 2022 Organized by KCG of Gujarat.

## Details of Participation in Different Committee (S) Of College:

No	Particulars	Convener Yes/No	Member Yes/No
1	NAAC Co-ordination	NO	YES
2	Internal Quality Assurance Cell	NO	NO
3	RUSA (Rastriya Uchchar Shiksha Abhiyan)	NO	YES
4	Student Representative Committee	NO	NO
5	Cultural (Saptdhhara)	NO	YES
6	Examination	NO	YES
7	Women's Development Cell	YES	YES
8	Grievances Redressal Cell	NO	YES
9	Equal Opportunity Cell	NO	NO
10	SC/ST/Minority Cell	NO	NO
11	Anti Raining & Anti harassment Cell	NO	YES
12	Infrastructure Maintenance	NO	NO
13	Budget/Purchase	NO	NO
14	Admission	NO	YES
15	Time Table And Planning	NO	NO
16	Discipline Committee	NO	YES
17	Counseling/ Placement (Udishha)	NO	YES
18	Scholarship And Medal	NO	NO
19	Finishing School	YES	NO
20	UGC	NO	NO
21	S.T Pass	NO	NO
22	Library Advisory	NO	NO
23	Magazine	NO	NO
24	Sports	NO	NO
25	N.C.C.	NO	NO
26	N.S.S.	NO	NO